



Kazi Nazrul University

Celebration of World Mental Health Day
Department of Applied Psychology

in collaboration with

**Internal Quality Assurance Cell (IQAC), Centre for Studies in Clinical Psychology and Centre for
Counselling and Positive Psychology**

organizes

NATIONAL WEBINAR

Mental Health And Well Being For All

Date: 18th October, 2020

Time: 3 p.m. – 5.30 p.m.

- **Virtual platforms:** Google Meet (Limited participants) & YouTube Live <https://youtu.be/4JRVEqxUx3g>
- **Registration Link:** <https://forms.gle/gpmhaHrCs46C3LiJ9>
- **Last date of registration:** 12th October, 2020
- **Registration fees:** Nil

Organizing Committee:

- **Patron:** Professor Sadhan Chakraborti, Hon'ble Vice Chancellor, Kazi Nazrul University, Asansol
- **Organizing Representation from IQAC, KNU:** Professor Anindya Sekhar Purkayastha, Director, IQAC & Prof., Dept of English, KNU
- **Organizing Chairperson:** Dr Roshan Lal Dewangan, Coordinator, Dept of Applied Psychology & Coordinator, Centre for Studies in Clinical Psychology
- **Convenors:** Urbi Mukherjee, Asst Prof., Dept of Applied Psychology & Coordinator, CAPP, KNU; Varsha Mitra, Asst Prof., Dept of Applied Psychology , KNU
- **Moderator:** Shuvabrata Poddar, Asst Prof., Dept of Applied Psychology & Chief Coordinator, CAPP, KNU
- **Technical Support Committee:** Shri Maheswar Malo Das, DPO & ICT Application Head (Addl. Charge), KNU; Shri Asif Ahmed, System Administrator, KNU

Subtheme:

- Possibility of Expansion of Mental Health Services in India (Budget, Workforce and Training)
- Psychosocial Factors of Well-being : Recognition and Realization (Special focus on Covid-19)
- Referral Services in India (special focus on West Bengal)

Resource Persons

- **Professor (Dr) L.S.S. Manickam**, Professor in Clinical Psychology and Hon. Director, CAPS, Manaveli, Thirupuram, & Director of Research and Training, Mhat Kozhikode, Kerala, India
- **Professor (Dr) Thomas Kishore**, Additional Professor of Clinical Psychology, National Institute of Mental Health and Neurosciences (NIMHANS), Bengaluru, Karnataka, India
- **Professor (Dr) Prathama Chaudhuri**, Professor, Dept of Psychiatry, Calcutta National Medical College & Hospital, Kolkata, West Bengal, India

All are Welcome!